



Friday Flier | December 8th, 2023

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Kids' Kicks

To help our struggling BPS families and students, the BPS Foundation along with their community partners will be hosting Kids' Kicks, a fundraising effort for cold weather snow boots, snow pants and water-repellent gloves.

Donations ranging from \$10 to \$70 can help the BPS Foundation ensure that a student in need stays warm this winter. Donations can be made online or mailed to the BPS Foundation. Thank you to our partners SCHEELS, Hot 97.5 and 103.3 Country that make this program possible!

<https://bpsfoundation.com/donations/kidskicks/>

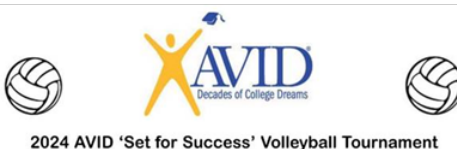
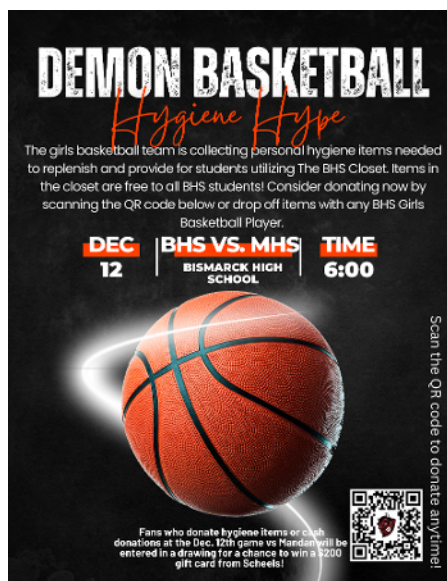


CHS Winter Cheer Camp 23

Saturday, December 16th at CHS. Register: 8:45-9. Camp 9-11:30. Parent performance at 11:30.

We are performing our cheer routine we learn at camp at the girl's basketball game that evening if you can attend. The game is at 4:15 with performance approx. at 4:45.

Click [HERE](#) to register.



Attention Adult Volleyball Players

Bismarck High School AVID is hosting the 5th annual "Set for Success" Adult Volleyball Tournament

January 20-21

Registration Forms are due January 8.

[Click here](#) to download the registration form.

All proceeds from the tournament will support college campus visits and school supplies for those in need. Thank you to all who choose to participate!



Salvation Army Bell Ringing Volunteer Opportunity

Looking to help others during this season of giving? Those that are interested in volunteering to bell ring for the Salvation Army's red kettles can call the Salvation Army at 701-223-1889 or go to registertoring.com and sign up.

REGISTRATION OPEN NOW

CHILDREN AGES 3+ ARE INVITED TO REGISTER FOR CLASSES BY JANUARY 8 IN ORDER TO BE ELIGIBLE TO AUDITION FOR OUR SPRING PRODUCTION OF *SNOW WHITE*.



SNOW WHITE PERFORMANCES WILL TAKE PLACE AT THE BELLE MEHUS AUDITORIUM, MAY 10-12, 2024. TICKET SALES START DECEMBER 11, 2023

NORTHERNPLAINDANCE.ORG
(701) 530-0986
1416 E FRONT AVE.

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Fall Recreational Dance Schedule
9/4/23-12/22/23

Scan the QR code

Ages 3-5

- Intro To Movement on Wednesdays from 5-5:45pm
- Kiddie Combo on Thursdays from 4:15-5:00pm

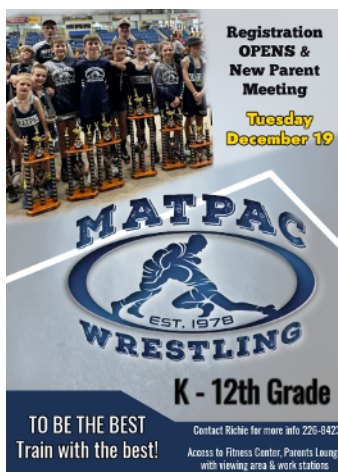
Ages 6-12

- Hip Hop on Mondays from 4-5pm
- Beg. Acro on Mondays from 5-6pm
- Jumps+Turns on Tuesdays from 4-5pm
- Combo on Wednesdays from 4-5pm
- Int. Acro on Wednesdays from 5-6pm

Ages 12-18

- Jumps+Turns on Tuesdays from 4-5pm
- Combo on Wednesdays from 4-5pm
- Int. Acro on Wednesdays from 5-6pm
- Adv. Acro on Wednesdays from 6:30-7:30pm

STUDIO 180



Registration OPENS & New Parent Meeting
Tuesday December 19

MATPAC WRESTLING
EST. 1978

K - 12th Grade

TO BE THE BEST
Train with the best!

Contact Rickie for more info 226-6423
Access to Fitness Center, Parents Lounge with viewing area & work stations



Central Dakota Children's Choir

Treble Makers

A music class just for 1st graders!

1st Grade Music Class

Central Dakota Children's Choir is excited to announce a class exclusively for 1st Graders! Each "Treble Makers" class will include singing intertwined with movement activities, dancing, games and musical theory, all in a fun-based atmosphere. Class taught by CDCC Artistic Director, Teri Fay, on Tuesdays from 4:00 - 4:45pm at the Bismarck Event Center, January 9 - May 18. Performance at the end of the session. Get them started singing early—you'll be glad you did! Registration and more information available <https://aboutcdcc.org/363-2/treble-makers/> and at aboutcdcc.org and the CDCC office at 701-258-6516.

Try a class for \$5!

Try a class for \$5 drop into any of our scheduled recreational classes for just \$5; bring a friend and take the class free.

Reach out to our email at studio180danceco@outlook.com to reserve a spot or for more details!

Our mission is to teach children confidence & life skills through dance within the Bis-Man Community.



Singing for 2nd Graders

"A child who sings is a happy child." – Elder Enrique Falabella. Central Dakota Children's Choir is excited to offer a music class for 2nd grade students! "Singing for 2nd Graders" will focus on the fundamentals of music using your child's singing voice. Class will include not only singing, but also games, dancing, speaking and creating. Taught by CDCC Artistic Director, Teri Fay, on Tuesdays from 5:00 - 5:45 pm at the Bismarck Event Center, January 9 - May 18. Performance at the end of the session. Registration and more information available at aboutcdcc.org and the CDCC office at 701-258-6516.

MATPAC Wrestling

MATPAC Wrestling Club is 1 of only 8 clubs in the US to be awarded by USAW as a Gold Club Wrestling Organization and is nationally ranked by TrackWrestling.com. Coaches and mentors focus on teaching the fundamentals of wrestling, sportsmanship, hard work, self-discipline, teamwork, and being great kids. ALL members and parents will be able utilize our fitness center, parents lounge, and work areas while their wrestlers are training. Assistance is available to qualified families, and all are welcome to join no matter where you live. Preregistration is available on our website at <http://www.matpacwrestling.org> (click on "How to Join") or register at the meeting. Monthly dues are only \$50 per month! MATPAC facility is located at 2600 E Rosser Ave.

K - 3 rd grade wrestlers practice Tuesdays & Thursdays 5:30 - 6:30 pm starting Tuesday Jan. 2 nd , 2024 for new wrestlers, wrestlers with 2 yrs. experience can start today.

4 th - 12 th grade practice Mondays 5:30 - 7 pm, Tuesdays & Thursdays 6:30 - 8 pm starting Tuesday Jan. 2nd, 2024, for new wrestlers, wrestlers with 2yrs experience can start today.

Registration for Feb, March, April, and May is during the first practice of the month from 5 to 6:30pm. Visit our website or us on Facebook and Instagram for more information.



Scholarship Application Open

Scholarships available! The application for a \$1000 scholarship through Bismarck Dollars for Scholars is open and is due February 28. More information and to apply: bismarck.dollarsforscholars.org. Bismarck Dollars for Scholars is part of a national organization called Scholarship America which is the nation's largest scholarship organization. The group has awarded over \$160,000 in scholarships to Bismarck graduates.

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STEM Adventure Club Winter Session
Mondays 4:00 p.m. - 5:00 p.m.
January 22 - March 4

Preschool Discovery Hour
(FREE admission)
Winter Wonderland - December 13 & 16
January 10 & 13
9:00 a.m. - 9:45 a.m.

STEM Adventure Mini-Camps
December 27-29 (3-day camp)
January 15, 16
8:00 a.m. - 5:00 p.m.

"Noon" Years Eve Party
(Included with gallery admission)
December 31
1:00 p.m. - 4:00 p.m.

Register for camps and clubs at
www.gatewaytoscience.org/learn

ND Gateway to Science Upcoming Events

STEM Adventure Mini Camp Prices:
Members: \$72
Non-Members: \$90

3-Day December Mini-Camp Prices
Full Day Members: \$190
Full Day Non-Members: \$230
Members (AM or PM): \$95
Non-Members (AM or PM): \$115

STEM Adventure Club Prices:
Members: \$75
Non members: \$90

Preschool Discovery Hour: FREE

"Noon" Years Eve Party: Included with admission

Registration Link:
<https://gatewaytoscience.org/learn/>



Giving Tree TOY DRIVE
CHRISTMAS FOR EVERY CHILD

MSA UNITED WAY GIVING TREE
Gifts for ALL local children in need who otherwise might not have anything for Christmas

- Take a tag to buy for a specific child.
- Donate \$50 and we will shop for you!
- Donate new toys

**Drop off donations at the MSA United Way Office by 12/01/2023.

www.msaunitedway.org Office: 515 N 4th St.



Lacrosse Day at the Dome

The Bismarck Mandan Lacrosse Association is hosting a Lacrosse Day clinic. The clinic will take place on Sunday, December 10 from 6:00-7:30pm at the Fore Seasons Dome. This clinic is a 90-minute lacrosse experience for boys and girls, grades K-12, who have never played lacrosse before, as well as any returning players. It is designed to provide a fun, positive, and successful experience with the sport of lacrosse. The goal is for participants to have the best experience possible while learning lacrosse skills and developing the ability, confidence, and desire to play more. This clinic will be conducted by BMLA's current USA Lacrosse certified coaches and players, and all equipment will be provided. This event is also an opportunity for any returning players interested in some off-season practice. Register for the event [here](#). Please see our website below for additional information. We will also be hosting additional "Lacrosse Days" this winter on the following dates: January 21 and February 25.

League registration will be opening this winter. Practices begin in March and the regular season runs from mid-April to mid-June. Protective equipment for boys and girls is available to rent for a refundable deposit for new players. Participants play small-sided games, while those interested in a more competitive experience can travel across North and South Dakota for 4-5 weekend competitions. For more information visit our website at www.bismanlacrosse.org or find us on Facebook or Instagram.



Learn How to Fly A Drone

Want to learn to fly a drone? Whether you just want to dabble in hobby drones, or you dream of soaring into the world of commercial drone piloting*, BSC is here to ignite your passion! Our Unmanned Aerial Systems classes are your ticket to getting the skills you need to master the art of drone flight. Get ready to take off into a world of limitless possibilities!

Classes start January 8.

Learn more at bismarckstate.edu/Drones

*Must be 16 to earn your 107C certification Funded by the American Rescue Plan Act through the North Dakota Department of Commerce.

THE POLAR PRESENT EXPRESS

The Polar Present Express is a heartwarming event that aims to spread holiday cheer and joy to Bis-Man children. Items needed are children's winter clothing, personal hygiene products, and gifts such as toys and bikes.

All donations and money raised will be used to purchase items so that 100% of all donations go back to our local youth.

DROP OFF LOCATIONS:
Railway Credit Union
• 1006 E Main St. Mandan
• 112 S 24th St. Bismarck

Action Motor Sports
• 1400 Action Dr. SE, Mandan

Roughrider Harley-Davidson
• 3708 Memorial Hwy, Mandan

All proceeds will go to the Bismarck Public Schools Foundation for Education, Bismarck Public Schools Foundation, and the Bismarck-Mandan Community Foundation. All donations will be accepted through December 10, 2023.

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Free Speech Therapy for Children

The Scottish Rite Speech Therapy Center for Children in Bismarck is presently accepting applications, online, at www.scottishritespeech.org. All services are free of charge to children ages 2 through 7 with a qualifying application. For more information, please call 701-258-9132 or e-mail at speechtherapy@bismarckscottishrite.org.



Magic Soccer FC

YOUTH INDOOR LEAGUE This league is a recreational soccer program for youth players between the ages of 8 and 14. Boys and Girls divisions are offered, and players of all skill levels are encouraged to participate. There are no team practices in Youth Indoor League, only games.

HIGH SCHOOL INDOOR LEAGUE This League is a non-travel soccer program for high school players between the ages of 15 and 19. The focus of the league is to provide high school players with additional playing opportunities outside of their school season (or between winter club travel tournaments) where they can have fun and improve their skills and confidence on the field. There are no team practices in High School Indoor League, only games.

For both leagues players and parents are encouraged to organize their own teams, but individuals wanting to play who do not have a team are welcome to sign up as "free agent" players. Games for both leagues are played on five Sunday afternoon/evenings between January through March.

Deadline to register is Wednesday, December 20th. Register early to ensure a spot! See website under programs, league play, youth indoor for additional details, cost, and registration;

<https://www.magicsoccerskills.com/home>.

Magic offers a variety of other programs to suite all abilities. Check out their website for additional information about skills training, camps, and competitive



Wilton Festival of Lights

December 16, 2023

Mark your calendars for the Wilton Festival of Lights opening night on Saturday, December 16! This community event will be held at the Wilton pond to celebrate the upcoming holiday season. Join us and enjoy children's activities, parade, ice-skating, sledding, holiday music, sleigh rides, pictures with Santa, hot cocoa, bonfires and smores, and most importantly, the lighting of the Christmas tree!

For more information, visit our Facebook page at www.facebook.com/wiltonfol



Little Free Pantry

CHS Drama is partnering with BECEP to help keep their Little Free Pantry stocked. Items needed include household goods (laundry detergent, dish soap) and preschool sized waterproof mittens. Bring your items to any one of the musical performances to help support BECEP and the surrounding neighborhood.



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YMCA/Family Wellness Programming Upcoming Activities

- Youth Sports
- Itty Bitty Activities
- Youth Swim
- Youth & Family
- Child Care & Camps

Click [HERE](#) to see all activities and camps currently offered.

You Belong Here
Missouri Valley Family YMCA
www.bismarckymca.org

For Our Community
Family Wellness
www.familywellnesssbisman.org



"Launch" - Taking Your Faith into your Future

Join us for an evening that will prepare parents and future graduates for life after high school. Students will talk about navigating the new challenges of post-high school life. Questions like "how to pick a church?" "How to resist temptations?" "How to take responsibility for your education?" will be addressed. For parents, topics like "How to parent from a distance" "Rules for young adults living in your house" and "Letting your 'kids' own their choices" will be discussed.

It all starts with some food and fellowship before moving into speakers, break out sessions (for students and parents) and a Q&A session with current college students, parents of 18-24 year olds, college ministry reps and more. Spend a night seeing how God wants to "Launch" you into life after high school. Click [HERE](#) for more information.



DAY CAMP

DURING CHRISTMAS BREAK

These [Grade K-5 camps](#) offer organized gym games, crafts, free play, etc. Camps are supervised by current BLAST leaders.

• Dec. 27-29 from 7:30am-6pm

• World War Memorial Building

• Registration deadline: Dec. 15

REGISTER NOW

EVENTS

- [Fencing](#)– starts Jan. 5
- [Karate](#)– starts Jan. 2
- [Racquetball](#)– starts Jan. 11
- Swim Lessons – register Jan. 9
- Tennis ([10 & Under](#), [Juniors](#)) – register Dec. 20
- [Volleyball, Coed 3rd](#)– early bird registration by Jan. 5
- [Volleyball, Coed 4th-5th](#)– early bird registration by Jan. 12
- [Lifeguarding Class](#)– Dec. 28-30 – join our team and class is free!

Visit www.bisparks.org to learn more about parks and recreation activities.

FUN JOBS!

Join the Bismarck Parks and Recreation team! Jobs for ages 14+ at www.bisparks.org/jobs!

- BLAST afterschool program leaders
- Basketball coaches
- Basketball scorekeepers
- Facility attendants
- Fitness staff
- Front desk staff
- Lifeguards
- Officials – basketball & volleyball
- Open Gym supervisors
- Swim instructors
- Tennis instructors
- Warming house attendants
- Zamboni drivers



Legacy Youth Basketball Tournament

Legacy Sabers Girls basketball will be hosting their annual youth basketball tournament.

Held January 14, 2024. Girls grades 3-8 Boys 3-6.

For more information and to register <https://legacygb.wixsite.com/legacygb>



A Christmas Quilt

The Bismarck Mandan Civic Chorus heralds the season with its 46th annual Christmas concert, "A Christmas Quilt," on Saturday, Dec. 9, at 7:30 p.m. and Sunday, Dec. 10 at 4 p.m. at Trinity Lutheran Church in Bismarck. The concerts are free and open to the public as a gift to the community. A freewill offering will be taken to support the mission and operations of the chorus. The concert showcases the range of choral singing from traditional carols like "The First Nowell" and "Hark! the Herald Angels Sing" to contemporary pieces like "Let It Snow" and "Home for the Holidays." Special guest performers include the Mandan Middle School Swing Choir. The Trinity Lutheran Church Quilter's Circle will be selling handmade quilts for \$50 to raise funds to continue the ministry. For more information, contact 701-400-7774 or visit the Bismarck Mandan Civic Chorus Facebook page.

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FUNCTIONAL MOVEMENT CLUB

FOR YOUTH AGES: 10-18

BY STEVE KUBISIAK

FOR MORE INFORMATION:

<https://functional-movement.webador.com/>



Engines 4 Education Small Engine Repair

Small engine repair. We offer tuneups, repairs and maintenance on all small engines (snowblowers, lawnmowers, tractors, tillers and more). 10% of profits go directly to the Bismarck Public Schools Backpack Program. Pickup and delivery service available! Call or text 400-3839 today!

**REGISTRATION OPENS
DECEMBER 4th, 2023**

SESSION I:
January 2nd - February 29th

SESSION II:
March 4th - April 19th

Inexperienced Wrestlers
M, T, and Th - 6:15-7:00 p.m.

Experienced Wrestlers
M, T, and Th - 7:00-8:00 p.m.

Cost: \$100 per session

SIGN UP AT
www.gorillawrestlingclub.com
Follow us on
f Bismarck Gorilla Wrestling



94th Annual Campaign

Helping Burleigh County Families

(Sponsored by the American Legion, Loyd Spetz Post #1, Bismarck)

Help us give local families a hand-up this Christmas season by donating one or two **canned or packaged non-perishable food items** at your school. Below is a list of the most-needed items:

Canned items— green beans, peas, corn, mixed vegetables, pork & beans, soups, canned fruit, pie filling

Boxed items— cereal, stuffing mix, pancake mix, cake mix

Pasta— boxed pasta meals, bagged pasta, macaroni and cheese, spaghetti, etc.

Meals —boxed, canned, or bagged

Condiments— ketchup, mustard, barbecue sauce, relish

Miscellaneous—Peanut butter, jelly, cookies, flour, rice, sugar, syrup

(no out-of-date items, no glass containers and no damaged items please)

Thank you for making Christmas a little brighter for our neighbors!

Volunteer Opportunities for students and families

December 19th (between 6:30 p.m. - 9:00 p.m. - food tote packing)

December 20th (between 3:00 p.m. - 9:00 p.m. - delivery of totes)

for more information:

<https://americanlegionbismarck.org/>

District Calendar

- **Dec. 24- Jan 1** - Christmas/New Year's Break - No School
- **Jan. 15** - MLK Day - No School
- **Jan. 16** - Staff Development Day - No School
- **Feb. 19** - President's Day - No School
- **Feb. 20** - Staff Development Day - No School
- **Mar. 15** - Storm Make-Up Days - No School
- **Mar. 29** - Good Friday - No School
- **Apr. 1** - Parent Teacher Conferences - No School
- **Apr. 29** - Storm Make-Up Days - No School
- **May 23** - Last Day of School
- **May 23** - SCHS Graduation
- **May 26** - BHS, CHS, LHS Graduations

